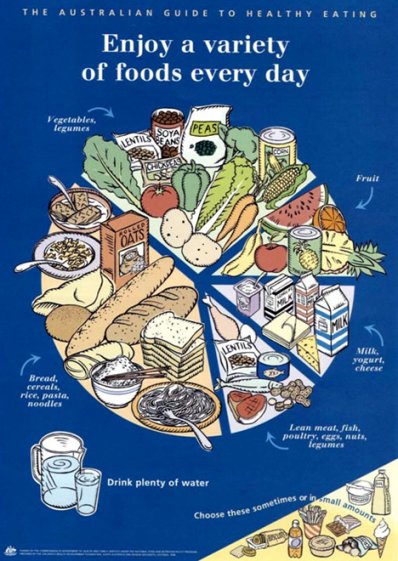
**What have you discovered about healthy lifestyles?**

Fill in the blanks:

\_\_\_\_\_\_\_\_\_\_\_\_and adolescents need sufficient \_\_\_\_\_\_\_\_\_\_\_\_ foods to \_\_\_\_\_\_\_\_\_\_ and develop normally.

Enjoy a wide \_\_\_\_\_\_\_\_\_\_\_ of nutritious foods and drink plenty of \_\_\_\_\_\_\_\_\_\_\_.

Word bank: variety, grow, children, water, nutritious

Retrieved on the 22/09/11 from:<http://www.education.tas.gov.au/school/health/canteenhandbook/appb>

Write a paragraph of what you have discovered about Healthy Lifestyles?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_